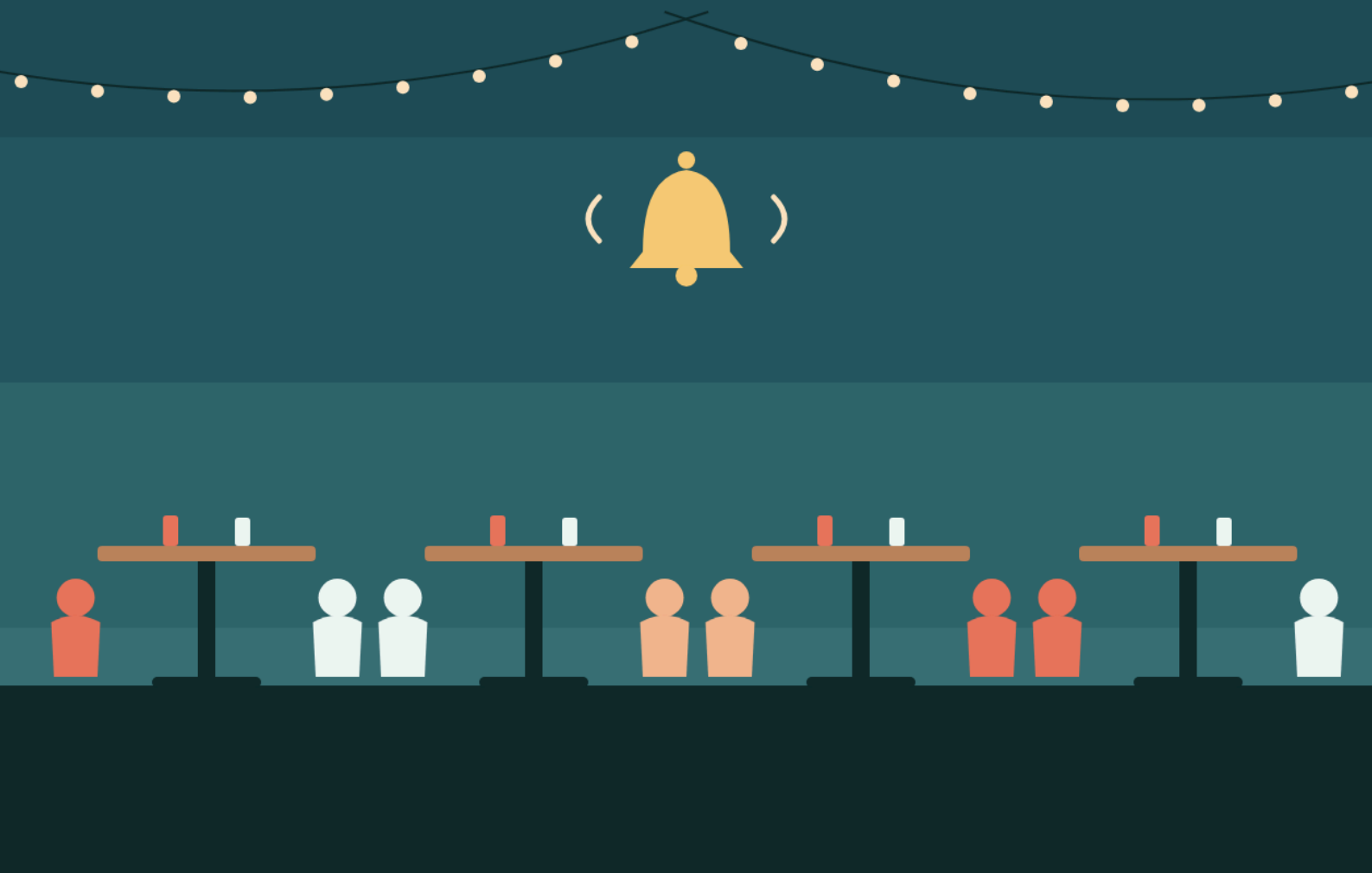




A FREE GUIDE FROM IRL SOCIAL CONNECT

Four minutes at a time

Your pocket guide to speed dating: how the night works, how to make every four minutes count, and what to do when it gets a bit awkward.

How speed dating works at IRL

You sit down, chat for four minutes, the bell rings and you move on. Repeat until you've met everyone in your group. That's it. No profiles to scroll, no messages to agonise over.

4 min

per date, then a minute to swap seats and grab a sip of your drink.

Age range

shown before you book, so you know who you'll be meeting.

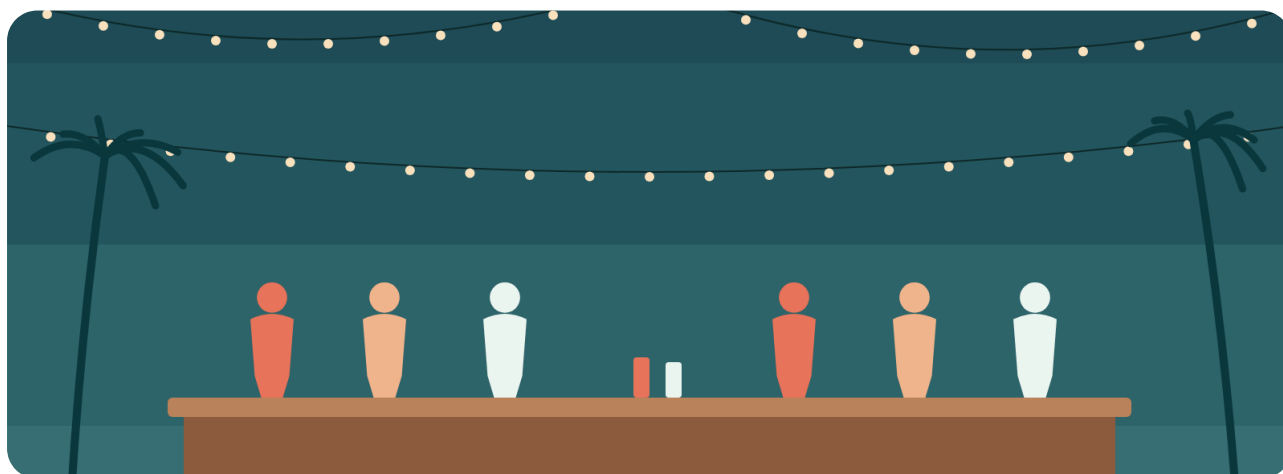
Private

you choose who you'd like to see again later, in the app. Only mutual ticks are shared.

72 hours

to make your choices after the night, while it's all still fresh.

Speed dating isn't about finding "the one" in four minutes. It's about finding out who you'd like to have a proper coffee with. Much easier.



Your four minutes, sorted

First 30 seconds

Smile, say your name and one thing about you. Keep it short and a bit specific.

"Hi, I'm Sam. I moved up from Adelaide two years ago and I'm still not used to the humidity."

The middle three minutes

Ask, then ask about their answer. The follow-up question is the secret. "I love fishing" becomes "Where's your favourite spot?" and suddenly you're having a real conversation.

Share a bit back so it doesn't feel like a job interview.

Last 30 seconds

Finish warmly, whatever you thought. "Really nice to meet you" is always the right answer. Everyone deserves to leave the table feeling good.

Between dates, make a mental note of one thing about each person. "Fishing, Adelaide, great laugh." It makes choosing later so much easier.



Awkward moments, handled

No spark at all

Totally normal. Stay curious and kind for four minutes. You might find a great friend, or someone who knows someone.

They won't stop talking

Wait for a breath, then jump in with a question of your own. "That sounds full on. Can I ask what you do to switch off?"

You already know them

Darwin's small. Laugh about it, then use the four minutes to learn something new about them.

Your mind goes blank

Say so. Honesty is charming. Then ask the easiest question in the world: "What made you come tonight?"

You don't drink, don't eat meat, don't do gyms

Own it. "I'm not drinking tonight, but you go for it" is all you need. Your choices are part of who you are, so share them with confidence.

Someone makes you uncomfortable

You don't have to stay. Tell the host or the event's safety person, or use the discreet help button in the app. That's exactly what they're there for.

So you've got a match. Now what?

Message within a day or two while the night is fresh. Keep it short, friendly and specific to your chat.

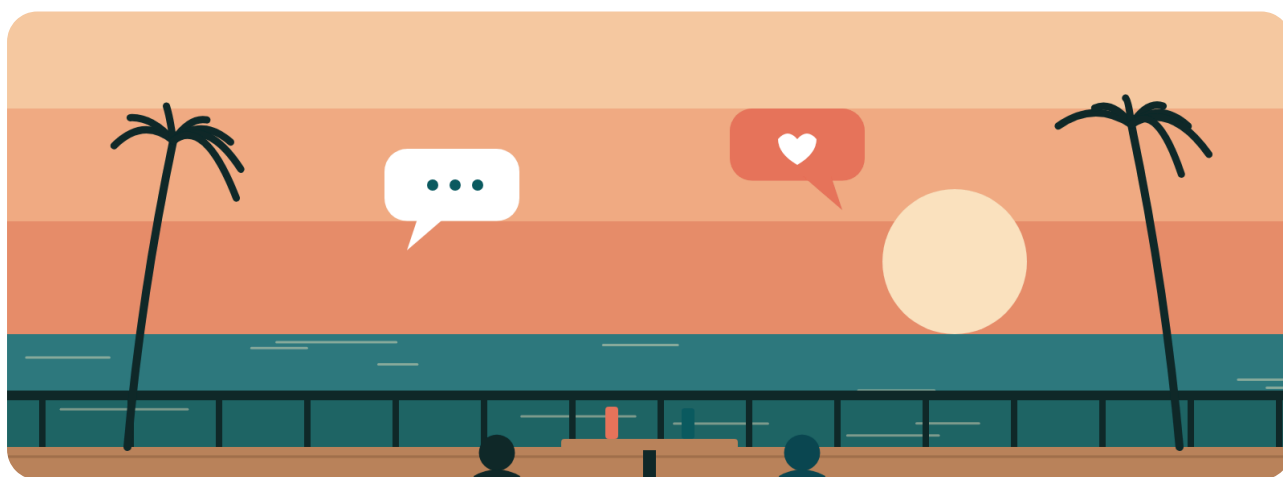
"Hey Jess, loved chatting about your trip to Kakadu. Fancy a coffee at Parap this weekend?"

"Hi Tom, you still owe me that laksa recommendation. Want to show me in person sometime this week?"

"Great to meet you last night! I'd love to keep the conversation going. Free for a sunset walk at East Point?"

No matches this time?

It happens to everyone, and it says nothing about you. Some nights the right person just wasn't in the room. Every event makes the next one easier, and our social events are a relaxed way to keep meeting people in between.



READY WHEN YOU ARE

Come and give it a go

The hardest part is booking. After that, our host looks after you from the moment you walk in.

Speed Dating Ready

Free course: everything here and more, in short lessons

Video Ready

Free course: record a short hello before the night

Upcoming events in Darwin

Age ranges and formats shown before you book



Four minutes. One bell. Plenty of good people.

inreallifesocialconnect.com · hello@inreallifesocialconnect.com

Casey



In Real Life
SOCIAL CONNECT

Real People, Real Connections